



JRAR 2019 RULES

From Thursday, October 22nd to Monday, October 28th

ART 1 : ORGANIZATION

This race is organized by a travel agency specialized in sport and adventure journeys called TENDAO.

The principle is to arrange comfortable moments before and after the test and to propose you an all inclusive trip.

Tendao organizes the Jordan Running Adventure Race to the Wadi Rum Desert (4th edition) from 22nd October to 28th October 2019.

Tendao has got a license as a travel agency, which number is LI 062010002 and a financial APS warranty allowing it to sell its costumers a complete package (stay + trip).

Its civil responsibility is the Professional HISCOX compagny (12, quai des Queyries 33100 Bordeaux- France)

ART 2 : THE COMPETITION

The Jordan Running Adventure Race is :

- 100 km in 3 stages or 60 km in 3 stages (marked trail) in semi autonomy (the GPS is mandatory for the 100 km) The first (23 km) and third stages (25 km) are common to both races. The second is 52 km for the 100 km race and 12 km for the 60 km race.
- 165 km non stop with a start of Petit Petra, a passage in the ancient site of Petra, then a final of more than 100 km in the exceptional desert of Wadi Rum !

The 23 km, 12 and 25 km courses are marked out.

ART 3 CONDITIONS FOR ADMISSION

Conditions for registration

To take part to the race, you must be over 20 and healthy. For this reason, a photocopy of your passport or your national identity card and of a medical certificate given by the organization team is required. This last document will have to be filled by a doctor 6 months before the departure of the race. Otherwise, all registration fees will have to be paid at the dates fixed by the present rules.

The fact of taking part to the race involves that a competitor accepts without any reserve the complete rules and the moral code of the race.

ART 4 PROGRAM :

Go to check the program on our website.

Description of the Steps :

Step 1 Petra and its mountains : 23 km + 690 m : Departure from the ancient site of Petra for a fairly diversified route and a crossing of the ancient site of Petra with a constant elevation all along the path of small mountain.

Stage 2 : Wadi Rum : 52 km + 837 m : Depart from Camp 1 of the desert for a loop to discover the wildest area of the Wadi Rum desert. The first CP is at 21 km the altitude difference will be + 438m, the second CP is 21 km (+ 301m) and finally the last 10 km will be almost flat with a vertical drop of + 40 m. The course will alternate hard sand, softer sand and a small pass that will be a good part of the difference in altitude of the second part of this exceptional course.

Stage 2 (for the 60 km) race of 12 km : This night experience in this exceptional desert will be a great moment. The course is common with the 52 km for 5 km.

Stage 3 : Wadi Rum : 25 km + 320 m : Departure from Camp 1 for this stage which will join Camp 2. The course will be demanding with passages in canyons, soft sand and exceptional landscapes!

Time barriers: Stage 1 23 km departure 6:30 am - no time barrier

Time barriers: Stage 2 52 km / departure 4:00 am - CP1 (21km) 9h CP2 (42km) 14h

Time barriers: Stage 2 (for the 60 km) 12 km / departure 4:00 am - No hourly barrier

Time barriers: Stage 3 25 km / departure 6:00 am - No time barrier

For the 165 km : the maximum time is 58 hours to complete the course.

Accompanying Program :

An accompanying program is available on request. It allows the accompanying person to discover Jordan and to follow the test; The companion sleeps on the same sites as the runners!

ART 5 TECHNICAL AND ADMINISTRATION CHECKINGS

The technical and administration checking will take place on the day before the departure of the first race (23th October in afternoon in Petra).

It must obligatorily have fulfilled the technical and administrative conditions provided by the organization. Any unsatisfactory control may result in the exclusion of the competitor without reimbursement of expenses incurred. GPS training will be provided by the organizing team.

ART 6 NEUTRALIZATION

The event may be neutralized if the organization deems it useful for security reasons.

ART 7 RACE

A road book and maps will be given to you before starting every stage. They will help you to check the route in case of any doubt.

GPS systems are compulsory. If you want to, you can ask by mail 10 days before the race all the GPS informations (almost 170 GPS informations). Some signs will be installed in the most complicated areas for safety reasons (for the 23km, 25 km and 12 km).

ART 8 CHECK POINTS

This is a committed test in which competitors are autonomous for food; there will be a mineral water feeding points every 20-25 km all along the race.

Food rations and materials will be checked by the organizers before and during the test. A medical assistance will be present at each check points and will be able to assist, to treat or to stop a defective runner. There will be no intermediate checkpoint for the stages of less than 30 km. There will be 2 checkpoints on the 52 km course.

ART 9 REFUELING POINTS

Refuelings will be done at the checkpoint every 20 to 25 km. You will have cold or hot water.

ART 10 ARRIVAL

The chronometer will take your time from the departure point till the arrival and will check your passage at the compulsory control point subject to possible penalties.

The arrival is localised in Wadi Rum Desert.

ART 11 WITHDRAWAL

For security reasons, it is very important to inform a member of the organization team about one's withdrawal at any control point situated on the course.

It will always be possible to organize, if needed, a motorized return to the arrival or if not needed, a competitor will reach the nearest point with a member of the organization team.

After having withdrawn during a stage, a runner will still have the opportunity to be integrated again into the race with a significant penalty defined in the road book of the race.

ART 12 MEDICAL ASSISTANCE

A medical team (a doctor and a physiotherapist) will be present during the whole race and will assure the security of all competitors.

The medical team will be able to disqualify a competitor deems unfit to continue the race.

ART 13 INSURANCE

Thanks to its quality as a travel agency, the Tendao agency subscribed an insurance for Repatriation. Each competitor participates with full knowledge of the risks that this competition can cause and releases the organization from any responsibility in case of physical or accidental failure.

If you want to, you can subscribe a special cancellation insurance.

ART 14 COMPULSORY MATERIAL

For the 165 km : Competitors will have their food needs for 2.5 days: 1500 calories per day x 3 = 4500 calories.

The list of all compulsory material :

- a rucksack or any equivalent bag (the best one answering the participant's motives for the race)
- a long running tight + polar jacket (for the 165 km)
- a windbreaker
- a compass
- a GPS + spare batteries
- a lighter
- a knife (blade of at least 5 cm) (for the 165 km)
- a skin antiseptic lotion
- a reflective mirror (of 6 cm)
- a whistle
- a lightweight survival blanket (2,20 ml x 1,40 ml)
- two pocket-size or frontal lamps + spare batteries (for the 165 km)
- a pocket-size or frontal lamps + spare batteries (for the 100 / 60 km)
- two gourds or 1 gourd + 1 camel bag
- the required food

Your material will be checked before and during the race and at the arrival.

RECOMMENDED MATERIAL

- a tights and a polar jacket

The list of material given by the organization :

- a road book
- GPS informations

ART 15 WEATHER CONDITIONS AND NATURE OF THE GROUND

The weather conditions at this time of the year will be as following

Wadi Rum : 25 Degrees during the day, 10 degrees during the night.

Full moon (during 12 hours).

ART 16: REGISTRATIONS

Registration fees are dependent on the programs chosen; For departures from Brussels and Milan, these prices are valid only until June 1st, 2019. After June 1st, an increase of will be applied according to the evolution of the ticket prices.

Full package Paris / Paris

165 km non stop :

2250 € until June 1st 2019 2350€ from June 1st 2019 2390 € from June 30th, 2019

100 km and 60 km 3 stages :

2290 € until June 1st 2019	2390€ from June 1st 2019	2430€ from June 30th, 2019
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Accompanying :

2190€ until June 1st 2019	2290€ from June 1st 2019	2330€ from June 30th, 2019
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Full package Brussels / Brussels

165 km non stop :

1950€ until June 1st 2019	2050€ from June 1st 2019	2090€ from June 30th, 2019
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100 km and 60 km 3 stages :

1990€ until 1 June 2019	2090€ from 1st June 2019	2130€ from 30th June 2019
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Accompanying :

2040€ until June 1st 2019	2140€ from 1st June 2019	2190€ from June 30th, 2019
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Registration deadline : July 31, 2019.

Balance of registration to be paid by August 31, 2019.

Tendao is a travel agency registered under the number LI 062010002

BOOKING RESERVATION

- Deadline for registration on 30/06/2019
- Entry form to be completed
- Travel Regulations
- Photocopy of valid passport

MEDICAL FILE

The blank medical certificate must be completed by your doctor, clearly stating your suitability for this type of test. If the documents are not presented to the controls, the disqualification can be decided without reimbursement of expenses incurred.

VISA

The visa will be made at Aman airport, it is free if you take the full package. Expect 40 US Dollars for local authorities for those who have registered too late or those who did not arrive with the flight of the group of runners.

RULES

We return the rules of the event with the mention "read and approved" followed by your signature.

ART 17 : CANCELLATION

- 50€ will be retained for application fees in the event of withdrawal.
- 15% of all entry fees will be retained by the organization in the event of a cancellation occurring between 1/03/19 and 30/03/19.
- 30% of the totality of the entry fees will be retained by the organization in the event of withdrawal occurring between 31/03/19 and 1/06/19.
- 50% of all entry fees will be retained by the organization in the event of withdrawal between 2/06/19 and 15/08/2019.
- After the date of 15/08/19, no refund request will be accepted.
- It is possible to take a cancellation insurance with the organization.

ART 18 : WAIVERS

By indicating your acceptance, you understand, agree, warrant and covenant as follows:

1- For your safety, please carefully read this entire Accident Waiver and Release of Liability.

I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. In consideration of the acceptance of my application for entry in the 2018 Jordan Running Adventure Race, I hereby freely agree to make the following contractual representations and agreements. I fully realize the dangers of participating in a desert running race held in the Jordan desert, and fully assume the risk associated with such participation. I agree it is my sole responsibility to be familiar with the race course and the special regulations of the event. I understand and agree that the situations may arise during the race which may be beyond the immediate control of the race officials or organizers, and I must run so as to endanger neither myself nor others. I accept responsibility for the conditions and adequacy of my equipment and training. I have no physical or mental condition which, to my knowledge, would endanger myself or others if I participate in this event, or would interfere with my ability to participate in this event.

2- The legal entity Organiser of the JRAR did not subscribe to a civil liability insurance. By signing the Registration Forms you acknowledge that you have been fully informed about that, and you give up the idea to hold that fact against the Organiser.

3- I understand my photo may be taken during activities associated with the JRAR Races. I give my permission for my photo, video, or film likeness to be used for publicity purposes and to be made available to other racers and interested parties. I understand that I will not receive any monetary compensation for this.

ART. 19 : SPONSOR

The bibs will be set up according to the guidelines of the organization and the sponsors will not be in any case hidden.

ART. 20 : PENALTIES or OUT OF RACE

Any control not meeting the signed rules will be penalized by 5 hours. Anyone who has not validated their card to a tag will be penalized by 5 hours. Anyone who has not validated his card to a PC will be disqualified. Anyone receiving food from a PC for his

or her livelihood will be penalized for 5 hours. Anyone to be infused for safety will be disqualified after medical advice. Anyone exceeding the time limit of the race will be disqualified. Anyone taking a motorized vehicle will be disqualified.

ART. 22: TENDAO & COMMUNICATION

The organizers reserve the right to change the start time or day or part of the itinerary following an event beyond their control or motivated by the safety of the participants. The organization reserves the right to modify the rules if it deems useful, the riders will be notified and will validate the modifications before the departure.

ART. 23: THE RIDER DECLARES

To have inquired about the medical contraindications which could concern him and consequently, to discharge of any responsibility the organization of any problem of medical order, accidental or any other being able to support during the test. On the other hand, the organizing legal person has a civil liability insurance; this is why by signing this letter you declare that you have been fully informed of this, that you are knowingly participating in the event and waive any objection to the organizer.



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